

# Strengthening My Marriage Plan

The relationship skill or insight I will work on is \_\_\_\_\_

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Specific steps I will take to implement this skill or insight include \_\_\_\_\_

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On a scale of 1-10, rate yourself each day on how well you implemented your plan.

<i>Date</i>	<i>Score</i>		<i>Date</i>	<i>Score</i>		<i>Date</i>	<i>Score</i>		<i>Date</i>	<i>Score</i>

Lessons learned while implementing my plan \_\_\_\_\_

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